



1st January 2013

Italics indicate classes not currently in session

MONDAYS

DYNAMIC BALANCE with Victoria Shaw, 7:30-8:30am; 253-5734

STUDIO OPEN 9am – 4:30pm

DANCE 'N' STRETCH WITH MATWORK with Alicia Morton, Aurora Dance, 5-6:30pm, starting 1/28; 253-1499

PRIVATE PRACTICE, Alicia Morton, Aurora Dance, 6:45-7:45pm, starting 1/28; 253-1499

STUDIO OPEN 8-9pm

TUESDAYS

STUDIO OPEN 7:30am-4:30pm

JAZZ/HIP HOP with AMHERST BALLET, age 13-17, 5-6:30pm, thru May 21st; www.amherstballet.org; 549-1555

PRIVATE REHEARSAL, Ann McNeal, 7-9pm; 253-4851

WEDNESDAYS

DYNAMIC BALANCE with Victoria Shaw, 7:30-8:30am; 253-5734:

STUDIO OPEN 9am – 4:30pm

DANCE 'N' STRETCH WITH MATWORK Alicia Morton, Aurora Dance, 5-6:30pm, starting 1/30; 253-1499

DANCERS DIALOGUE with Aurora Dance, 6:45-8:15pm, starting 1/30; 253-1499

THURSDAYS

STUDIO OPEN 9:30am – 5:30pm

CORE SYNERGY with Alicia Morton, Aurora Dance, 6-7pm, starting Jan. 31st; 253-1499

PRIVATE PRACTICE, Alicia Morton, 7:15-8:15, starting Jan. 9th; 253-1499

FRIDAYS

KRIPALU YOGA FOR BEGINNERS, with Martha Ayres, 9:45-11am; 413 530-9456

STUDIO OPEN 11:30am – 3:30pm

PRIVATE PRACTICE, Alicia Morton, 5-6:30 starting Feb. 1st; 253-1499

STUDIO OPEN 7-10pm

SATURDAYS

VINYASA YOGA ALL LEVELS with Kellie Finn, 9:30-11am; www.kelliefinn.com

STUDIO OPEN from 11:30am most Saturdays for workshops, classes, private rehearsals and events

SUNDAYS

STUDIO OPEN all day for workshops, classes, private rehearsals and events

Mindi Sahner, Director

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www.whitebarnstudios.com

Alicia Morton and Aurora Dance: www.auroradanceamherst.com

Amherst Ballet: www.amherstballet.com

Kellie Finn Yoga: www.kelliefinn.com